



THROWBALL

GIRLS AND BOYS

Each team will consist of 6 active players and 4 substitutes.

2. The qualifying rounds shall consist of best of three sets (each for 10 points). If a team wins the first two sets, then the third set will not be played.

3. The semi-finals and finals of the tournament shall also consist of best of three sets; however, each set will be played for 15 points.

4. The right to choose the initial order of serving, receiving and ends shall be decided by a coin toss

5. Double touch, or catching the ball with the assistance of body or legs while receiving the service, is not allowed.

6. Dynamics of the games:

- The ball should be served after the whistle and within 5 seconds.
- The ball should be served without crossing the service line and with a single hand.
- After catching, the ball should be released within 3 seconds.
- During the service, the ball cannot touch the net.
- A player can jump when throwing the ball or while serving.
- Players cannot touch the net during the play but the ball can touch the net.
- A player, while releasing the ball, cannot rotate (360 degrees) or turn around to throw the ball.
- During catching or releasing, the ball should not touch any part of the body except the palm.
- 2 players cannot catch the ball simultaneously.
- Any ball falling on the side-line or end-line is a good ball.
- Shifting the ball from right to left or left to right or pushing deliberately is not permitted.
- The service ball or the rally ball should not touch the poles. It will be considered as a foul if it does. During the play or rally, players cannot cross the net or obstruct the opponent team.

7. 2 timeouts (3 minutes) are permitted for each set.

8. Teams can substitute only when it is their turn to serve and only if a player gets injured.

9. Only 1 person can be substituted at a time up to a maximum of 3 substitutes per set.

10. The decision of the umpire will remain final and unchallenged. Even if it is a wrong call from the umpire, the decision will stay.

11. Only the coach or the captain can talk to the umpire before or after the serve (not during the play).

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